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Solace: Rituals of Loss and Desire

Mary Sojourner



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NPR commentator Mary Sojourner, "a pithy yet sensuous, spiritual yet ferocious writer" (*Booklist*), delivers a powerful memoir about the joys of rejecting the pace, addictions, and false values of society...and learning to live without compromise.

Twenty years ago, Mary Sojourner was a mental health consultant and counselor in Rochester, New York, a divorced mother of three, longing for her real work, her real home. She found it in Flagstaff, Arizona, in a remote two-room cabin that had no running water and only a wood stove for heat, but offered Sojourner everything she needed in terms of light, beauty, joy, and the perfect setting for writing and reconnecting.

Solace is a book about obsession and release, and the lifelong search for balance in a world revolving around appetite and acceleration. Written in short, beautifully crafted pieces, the book carries the reader through Sojourner's life, from a restrained Catholic childhood to the excesses of her generation, through motherhood and divorce to her quiet, solitary existence in the Southwest, where she has learned the importance of living at the right pace.

Sojourner's voice is as compelling on the page as it is on the radio -- lively, funny, moving, combining the outspoken out-of-stepness of Anne Lamott with the environmental activism and poetic prose of Terry Tempest Williams. In chapters with titles such as "God Is Coming and She Is Pissed" and "How to Leave: Leave," her vivid personality, passion, and sense of humor come through. This is a book for women everywhere -- those who recognize their own truths in Mary's life and younger readers who will find inspiration in her hard-won wisdom.

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From reader reviews:

Jeffrey Brill:

Have you spare time for just a day? What do you do when you have considerably more or little spare time? That's why, you can choose the suitable activity with regard to spend your time. Any person spent their spare time to take a stroll, shopping, or went to typically the Mall. How about open as well as read a book eligible Solace: Rituals of Loss and Desire? Maybe it is to become best activity for you. You understand beside you can spend your time using your favorite's book, you can better than before. Do you agree with it is opinion or you have additional opinion?

Ellen Farnsworth:

In this 21st hundred years, people become competitive in most way. By being competitive right now, people have do something to make them survives, being in the middle of the particular crowded place and notice by surrounding. One thing that occasionally many people have underestimated that for a while is reading. Yep, by reading a e-book your ability to survive enhance then having chance to stand up than other is high. To suit your needs who want to start reading a book, we give you this particular Solace: Rituals of Loss and Desire book as basic and daily reading guide. Why, because this book is more than just a book.

Tara Huber:

Hey guys, do you wishes to finds a new book you just read? May be the book with the name Solace: Rituals of Loss and Desire suitable to you? The book was written by popular writer in this era. The book untitled Solace: Rituals of Loss and Desire is the main of several books that will everyone read now. This particular book was inspired many people in the world. When you read this reserve you will enter the new way of measuring that you ever know ahead of. The author explained their plan in the simple way, consequently all of people can easily to know the core of this book. This book will give you a wide range of information about this world now. So that you can see the represented of the world within this book.

Joe Garner:

Playing with family within a park, coming to see the marine world or hanging out with pals is thing that usually you might have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Solace: Rituals of Loss and Desire, you could enjoy both. It is great combination right, you still need to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't buy it, oh come on its referred to as reading friends.

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