



Getting Back Out There: Secrets to Successful Dating and Finding Real Love after the Big Breakup

Susan J. Elliott

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You're ready for a new romance, but how can you avoid repeating past mistakes? The author of *Getting Past Your Breakup* offers an essential guide to building a healthy relationship.

Plenty of dating books offer advice on how to flirt or catch someone's eye, but they won't help you make better decisions during the selection process so you can find real love. Based on years of research and work with her own clients, Susan Elliott offers a proven plan that will help you to:

Examine past relationships for unfinished business and negative patterns

Identify warning signs and red flags

Keep your standards and boundaries high, even when you're head over heels

Work through rejection, rebounding, and other bumps in the road

Decide when to take a relationship to the next level and when to say goodbye

With practical rules, strategies, and self-assessments—including tips for dating as a parent and dating online—*Getting Back Out There* will help you transition from your split to a happy, healthy new relationship.

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