



Child Health Psychology: A Biopsychosocial Perspective

Julie Turner-Cobb

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"A long overdue prioritisation of child and adolescent health psychology... Taking an interdisciplinary stance to a textbook can be a difficult task. However, despite introducing a variety of concepts, this text is very accessible and a joy to read. A use of both old and new case studies and examples helps to chart the progress in the field... an excellent book for health psychology modules and postgraduate teaching."

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"This book is well evidenced, has a sound theoretical and scientific basis, and at the same time is insightful and readable – reflecting the author's enthusiasm for the topic. It will stimulate the reader to find out more about this fascinating area."

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"Engagingly written in a style that draws the reader in, it covers all the bases and provides an excellent introduction to the area."

- *Paul D. Bennett, Swansea University*

Child Health Psychology: A Biopsychosocial Perspective is the first sole-authored textbook dedicated to the topic of health psychology as it applies to children and adolescents, drawing on research from several related disciplines including psychoneuroimmunology and developmental psychobiology.

With an overarching biopsychosocial lifespan perspective, Turner-Cobb examines the effects of early life experience on health outcomes, as well as covering the experience of acute and chronic illness during childhood. Lots of helpful aids are provided per chapter including key learning objectives, textboxes putting spotlights on key pieces of research, lists of key concepts to revise, useful websites and further reading suggestions.

With a perspective designed to both inform and to challenge, this stimulating textbook will introduce you to the central relevance and many applications of child health psychology. It will be of interest to final year undergraduate and postgraduate students in health and clinical psychology, as well as to students in health sciences, nursing, and childhood studies.

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