



Dream Interpretation for Beginners: Understand the Wisdom of Your Sleeping Mind

Diane Brandon

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Decode the wisdom of your dreams to enrich your life and achieve your personal goals. This fantastic book shows you how to use dreams for improved problem-solving, better relationships, creative inspiration, and spiritual growth. Join dream expert Diane Brandon as she explores:

- Types of dreams and common meanings
- Dream recall techniques
- Precognitive and clairvoyant dreams
- Step-by-step instructions for dream interpretation
- Dreams for health and healing
- Using dreams to communicate with a higher awareness

Dream Interpretation for Beginners is the perfect guide to the unseen treasures that await you in your sleep.

Praise:

“A comprehensive approach to understanding and interpreting all dreams, from the mundane to the metaphysical.”—Larry Burk, MD, CEHP, author of *Let Magic Happen: Adventures in Healing with a Holistic Radiologist*

“From dream basics to interpretation to self-realization, if you have a question about dreams or want to learn more . . . you are likely to find the answers here. I highly recommend this book to dreamers and non-dreamers alike.”—Judy B. Gardiner, author of *Lavender: An Entwined Adventure in Science and Spirit*

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