



Mrs. Restino's Country Kitchen

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In the early 1970s, Susan Restino and her husband moved to a remote farm in Nova Scotia with their two small children. Already familiar with European cooking techniques from her time spent as a *au pair* in France, she spent the next few decades learning to cook for her family with what the farm provided. *Mrs. Restino's Country Kitchen* combines those two chapters in her life, with recipes from around the world and right next door. Both traditional and experimental, the meals here include chicken with chanterelles, rice dry-roasted instead of fried, salads and stir-fries with seasonal ingredients, and desserts that are good endings to meals, not meals in themselves. There are also sections on making wine and brewing beer, bread- and cheese-making, drying herbs, and operating a wood burning stove.

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