



# Positive Discipline

*Jane Nelsen Ed.D.*

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## **Positive Discipline** Jane Nelsen Ed.D.

For twenty-five years, Positive Discipline has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and teachers to be both firm and kind, so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline with no loss of dignity. Inside you'll discover how to

- bridge communication gaps
- defuse power struggles
- avoid the dangers of praise
- enforce your message of love
- build on strengths, not weaknesses
- hold children accountable with their self-respect intact
- teach children not what to think but how to think
- win cooperation at home and at school
- meet the special challenge of teen misbehavior

“It is not easy to improve a classic book, but Jane Nelsen has done so in this revised edition. Packed with updated examples that are clear and specific, Positive Discipline shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you.”

—Sal Severe, author of *How to Behave So Your Children Will, Too!*

Millions of children have already benefited from the counsel in this wise and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

*From the Trade Paperback edition.*

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#### **Ruth Irizarry:**

Reading a publication tends to be new life style in this era globalization. With looking at you can get a lot of information that could give you benefit in your life. Together with book everyone in this world could share their idea. Textbooks can also inspire a lot of people. Many author can inspire their very own reader with their story or their experience. Not only the story that share in the publications. But also they write about the information about something that you need case in point. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors in this world always try to improve their skill in writing, they also doing some investigation before they write to their book. One of them is this Positive Discipline.

#### **Ruth McGrath:**

Playing with family inside a park, coming to see the coastal world or hanging out with friends is thing that usually you will have done when you have spare time, and then why you don't try point that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Positive Discipline, you may enjoy both. It is great combination right, you still would like to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its named reading friends.

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