



Assados Práticos (Minicozinha) (Portuguese Edition)

Editora Melhoramentos

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Neste livro você vai encontrar carnes, massas e acompanhamentos, tudo feito no forno com o máximo de praticidade. Com a falta de tempo de hoje em dia, o mais importante é escolher receitas cujo preparo não nos ocupe demais. Estas são o nosso sonho realizado: pratos vapt-vupt, que ficam cozinhando no forno enquanto você faz outras coisas, como arrumar a mesa ou preparar uma salada, e de repente tudo está pronto.

Entre as 32 receitas deste livro, há econômicas, que levam menos ingredientes, e tre's passo a passo básicos. As receitas, muitas delas com fotos, indicam o grau de dificuldade, o tempo de preparo e o rendimento. Tudo isso para você não ter dúvidas e fazer muito sucesso.

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