

Perv: The Sexual Deviant in All of Us

Jesse Bering



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"As a sex writer, Jesse Bering is fearless—and peerless." —Dan Savage

"You are a sexual deviant. A pervert, through and through." We may not want to admit it, but as the awardwinning columnist and psychologist Jesse Bering reveals in *Perv*, there is a spectrum of perversion along which we all sit. Whether it's voyeurism, exhibitionism, or your run-of-the-mill foot fetish, we *all* possess a suite of sexual tastes as unique as our fingerprints—and as secret as the rest of the skeletons we've hidden in our closets.

Combining cutting-edge studies and critiques of landmark research and conclusions drawn by Sigmund Freud, Alfred Kinsey, and the *DSM-5*, Bering pulls the curtain back on paraphilias, arguing that sexual deviance is commonplace. He explores the countless fetishists of the world, including people who wear a respectable suit during the day and handcuff a willing sexual partner at night. But he also takes us into the lives of "erotic outliers," such as a woman who falls madly in love with the Eiffel Tower; a pair of *deeply* affectionate identical twins; those with a particular penchant for statues; and others who are enamored of crevices *not* found on the human body.

Moving from science to politics, psychology, history, and his own reflections on growing up gay in America, Bering confronts hypocrisy, prejudice, and harm as they relate to sexuality on a global scale. Humanizing socalled deviants while at the same time asking serious questions about the differences between thought and action, he presents us with a challenge: to understand that our best hope of solving some of the most troubling problems of our age hinges entirely on the *amoral* study of sex.

As kinky as it is compassionate, illuminating, and engrossing, *Perv* is an irresistible and deeply personal book. "I can't promise you an orgasm at the end of our adventure," Bering writes, "but I *can* promise you a better understanding of why you get the ones you do."

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