



# Heart & Soul

*Kylie Kwong*

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## **Heart & Soul** Kylie Kwong

Following the success of her first book, *Kylie Kwong: Recipes and Stories*, Kylie branches out from her Chinese culinary heritage to explore the cuisines of Europe, the Mediterranean, and North Africa. With the emphasis on intense flavors and the freshest and finest produce, she creates mouth-watering dishes out of inspired combinations of Western ingredients and Eastern techniques. From a fresh take on Chinese-restaurant classics to treasured family favorites, this is food to be relished. In *Heart and Soul*, which accompanied her first television series, Kylie Kwong shares the recipes for the dishes she most loves to cook—whether for a simple supper of Hokkien noodles, a family celebration in her own home, or a stylish cocktail party.

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