



Tissue Salts for Children: Babies, Tots & Teens

Margaret Roberts

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The 12 key tissue salts are minerals that should be present in our bodies in per fect balance to ensure optimal health. These remarkable salts are found in the Earth's rocks and soil, and in food grown organically in mineral-rich soil. In this follow-up to Tissues Salts for Health Living, Margaret Roberts focuses on using tissue salts to enhance the development and wellbeing of children, from infancy to the teenage years. Each tissue salt is presented in its own chapter, with tips on treating specific ailments and advice on increasing the intake of the salts by means of diet. An ailment chart is included for quick reference. An indispensable guide for anyone interested in health, wellness, and using natural remedies to enhance wellbeing.



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