



# Serve Yourself: Nightly Adventures in Cooking for One

*Joe Yonan*

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From the award-winning food editor of The Washington Post comes a cookbook aimed at the food-loving single. Joe Yonan brings together more than 100 inventive, easy-to-make, and globally inspired recipes celebrating solo eating. Dishes like **Mushroom and Green Garlic Frittata**, **Catfish Tacos with Chipotle Slaw**, and **Smoked Trout, Potato, and Fennel Pizza** will add excitement to any repertoire and forever dispel the notion that single life means starving, settling for take-out, or facing a fridge full of monotonous leftovers. Yonan also includes shopping and storage tips for the single-chef household, along with creative ideas for making use of extra ingredients. *Serve Yourself* makes cooking for one a deeply satisfying, approachable pleasure. And with such delectable meals, your solo status could be threatened if you're forced to share with others!

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