



# Big Delicious Life: Stacey Ballis's Most Awesome Recipes

*Stacey Ballis*

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**150 simple and scrumptious recipes from Stacy Ballis's hit novels *Out to Lunch*, *Off the Menu*, *Good Enough to Eat*, and *Recipe for Disaster*, as well as 40 new, never-before-seen recipes!**

Stacey Ballis is not a professional chef. She is, however, a foodie novelist, meal innovator, family cook, memory maker, and Brussels sprout advocate who believes that delicious meals can be simple, fun, and creative. Her love of all things culinary has made her “foodie fiction” irresistible. Now, all of the best recipes featured in her novels are available in one mouthwatering cookbook, including 40 “lost” recipes that were not included in the original printings.

With dishes for every occasion, designed to appeal to both experienced cooks and kitchen newbies, this easily-transportable digital collection will make every meal a happy moment and a special memory.

**Includes a preview of Stacey's delectable novel, *Recipe for Disaster***

**Praise for Stacy Ballis**

“Deeply satisfying.”—Jen Lancaster, *New York Times* bestselling author of *The Tao of Martha*

“Dangerously good descriptions of food.”—Sarah Pekkanen, author of *Catching Air*

“One delicious bite.”—Amy Hatvany, author of *Safe with Me*

**Stacey Ballis** was born in Chicago with a full head of hair and a naturally charming disposition. She majored in English Literature and American Studies with a minor in Creative Writing at Brandeis, spent time in a mud hut in Kenya, and got a Masters in Teaching from DePaul University, before spending fifteen years as an educator in Chicago. She then settled back into writing full time, focusing on stories about big girls who are comfortable in their own skin, have great lives, and aren't dieting or morose about their bodies. She has since authored eight foodie novels, including *Good Enough to Eat*, *Off the Menu*, and *Out to Lunch*.

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### **From reader reviews:**

#### **Lori McDonald:**

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them household or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity that is look different you can read a new book. It is really fun in your case. If you enjoy the book that you simply read you can spent 24 hours a day to reading a publication. The book Big Delicious Life: Stacey Ballis's Most Awesome Recipes it is extremely good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. In the event you did not have enough space to develop this book you can buy the particular e-book. You can m0ore very easily to read this book from a smart phone. The price is not too costly but this book has high quality.

#### **Gayle Oconnell:**

In this age globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of references to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher which print many kinds of book. Often the book that recommended to your account is Big Delicious Life: Stacey Ballis's Most Awesome Recipes this guide consist a lot of the information on the condition of this world now. This kind of book was represented how can the world has grown up. The language styles that writer value to explain it is easy to understand. Often the writer made some investigation when he makes this book. Here is why this book ideal all of you.

#### **Denise Niemi:**

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#### **Nancy Byrom:**

As a college student exactly feel bored in order to reading. If their teacher requested them to go to the library or to make summary for some guide, they are complained. Just small students that has reading's internal or real their pastime. They just do what the instructor want, like asked to go to the library. They go to presently there but nothing reading critically. Any students feel that reading through is not important, boring in addition to can't see colorful images on there. Yeah, it is for being complicated. Book is very important to

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