



# **General Procedures: Handbook of Behavior Therapy with Sexual Problems: General Procedures v. 1 (General Psychology)**

*Joel Fischer, Harvey L. Gochros*

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General Procedures deals with behavior-change procedures for diverse target behaviors. It aims to provide behavioral therapists with effective system of procedures for implementation with their clients who suffer from sexual problems. Its emphasis is on intervention rather the "etiology" of sexual problems and it describes all major techniques for dealing with sexual problems developed by behaviorists.

This book is organized into two volumes. Volume I focuses on specific behavioral techniques developed or adapted for use with sexual problems. It also describes these techniques and indications for their use.

Volume II covers the range of sexual problems to which behavior therapy procedures have been applied. Each volume is organized into two parts, the first part dealing with techniques and problems involved in heterosexual couple relationships, and the second part dealing with techniques and problems involved in undesired sexual object choices.

This book will be of interest to persons dealing with studies on behavior therapy and those interested in understanding procedures and techniques for the treatment of sexual problems.

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