



Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in the Family

Bart J. Mindszenty, Dr. Michael Gordon

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When our parents reach a certain age and have difficulty coping, we find ourselves wondering how to provide them with the kind of love, care, support, and attention they need - just as they have done for us all our lives. *Parenting Your Parents* shows, through case studies, that you are not alone and offers advice to help you along this difficult but rewarding journey.

This revised and updated edition of the 2001 bestseller features a new introduction, new case studies, an expanded Personal Parenting Planner, and a totally updated resource directory. With reflections and advice from one of Canada's pre-eminent geriatric physicians, *Parenting Your Parents* is a valuable resource for anyone facing this special family crisis.

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