



The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less

Scott Haltzman, Theresa Foy DiGeronimo

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From the authors of the best-selling *The Secrets of Happily Married Men* comes the much-anticipated follow-up book *The Secrets of Happily Married Women*. In their first book, Dr. Haltzman and his coauthor Theresa Foy DiGeronimo outlined a recipe for men about growing a happy marriage: treat marriage with the same sense of purpose, resolve, and single-minded devotion that they have for their job. Although that workplace formula works well for men, an entirely different set of criteria resonate with women.

In *The Secrets of Happily Married Women*, Dr. Haltzman tells us stories from real women who are happy in their relationships. These women know how to get more out of their partners by doing less, by not trying so hard to make men perfect, not dragging them to couples therapy, not expecting them to think or behave like a woman. These are women from Dr. Haltzman's clinical practice and culled from thousands of contributors to his Web site www.HappilyMarriedWomen.com. They have learned to understand how men really work and tap into men's powerful hard-wired desire to please women and "be a better man."

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Sandra Alexander:

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