



# Eat More Better: How to Make Every Bite More Delicious

*Dan Pashman*

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What if you could make everything you eat more delicious?

As creator of the WNYC podcast *The Sporkful* and host of the Cooking Channel web series *You're Eating It Wrong*, Dan Pashman is obsessed with doing just that. *Eat More Better* weaves science and humor into a definitive, illustrated guidebook for anyone who loves food. But this book isn't for foodies. It's for eaters.

In the bestselling tradition of Alton Brown's *Good Eats* and M.F.K. Fisher's *The Art of Eating*, Pashman analyzes everyday foods in extraordinary detail to answer some of the most pressing questions of our time, including: Is a cheeseburger better when the cheese is on the bottom, closer to your tongue, to accentuate cheesy goodness? What are the ethics of cherry-picking specific ingredients from a snack mix? And what role does surface-area-to-volume ratio play in fried food enjoyment and ice cube selection?

Written with an infectious blend of humor and smarts, *Eat More Better* is a tongue-in-cheek textbook that teaches readers to eat for maximum pleasure. Chapters are divided into subjects like engineering, philosophy, economics, and physical science, and feature hundreds of drawings, charts, and infographics to illustrate key concepts like The Porklift—a bacon lattice structure placed beneath a pancake stack to elevate it off the plate, thus preventing the bottom pancake from becoming soggy with syrup and imbuing the bacon with maple-based deliciousness.

*Eat More Better* combines Pashman's award-winning writing with his unparalleled field research, collected over thirty-seven years of eating at least three times a day. It delivers entertaining, fascinating, and practical insights that will satisfy your mind and stomach, and change the way you look at food forever.

Read this book and every bite you take will be better.

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#### **Ines Patterson:**

Precisely why? Because this Eat More Better: How to Make Every Bite More Delicious is an unordinary book that the inside of the e-book waiting for you to snap it but latter it will jolt you with the secret the item inside. Reading this book adjacent to it was fantastic author who have write the book in such incredible way makes the content inside of easier to understand, entertaining way but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of gains than the other book have got such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I ended up you I will go to the reserve store hurriedly.

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Playing with family in the park, coming to see the marine world or hanging out with buddies is thing that usually you might have done when you have spare time, subsequently why you don't try point that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Eat More Better: How to Make Every Bite More Delicious, you can enjoy both. It is great combination right, you still would like to miss it? What kind of hang type is it? Oh can happen its mind hangout people. What? Still don't buy it, oh come on its referred to as reading friends.

#### **Karen Delamora:**

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