



Handbook of Contraception and Sexual Health

Suzanne Everett

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Offering a comprehensive guide to contraception and sexual health, the new edition of this practical handbook has been fully updated. It takes an integrated approach to sexual health, and now includes additional content on sexually transmitted infections as well as assessment skills.

Giving clear and detailed information about all contraceptive methods, including how to use them, contraindications, interactions and common patient anxieties, the *Handbook of Contraception and Sexual Health* is an essential read for all nurses, midwives and allied health professionals working in community health and primary care settings.

- All chapters are fully updated with the latest research and methods
- Includes additional chapters on the Consultation Process, Progestogen pills, and STIs, and a newly written anatomy and physiology chapter
- Each chapter takes into account relevant UKMEC guidelines and includes self-assessment exercises

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